

 *tc nutrition*

ESSENTIAL GREENS



PINEAPPLE PARADISE

SASKATOON BERRY

GREEN APPLE



**LOADED WITH
SUPERFOODS**

**CLINICALLY RESEARCHED
ANTIOXIDANT BLEND**

**NO
ARTIFICIAL COLOUR**

**100% ORGANIC,
NON-GMO,
VEGAN FRIENDLY**

**NO
ARTIFICIAL FLAVOUR**

**DELICIOUS,
NATURAL TASTE**

**100% SWEETENED
WITH STEVIA**

**WITH
MATCHA**



MATCHA POWDER

| SPECTRA ANTIOXIDANT

| FIBRE BLEND

NATURALLY BOOSTS ENERGY

ESSENTIAL GREENS IS PACKED WITH HIGH QUALITY PHYTONUTRIENTS TO HELP PROMOTE HEALTHY ENERGY LEVELS WITHOUT THE CRASH. THE VITAMIN AND MINERAL BLEND IN ESSENTIAL GREENS WILL HELP FUEL YOUR BRAIN TO HELP SUPPORT FOCUS AND CLEAR THINKING.*

SUPPORTS DIGESTIVE HEALTH

AN ADDITION OF DAIRY-FREE PROBIOTIC CULTURES GIVES YOU THE CRUCIAL GOOD BACTERIA AND ENZYMES NEEDED FOR YOUR GUT TO EXTRACT MAXIMUM NUTRITION FROM ESSENTIAL GREENS. WE ALSO INCLUDED THE PREBIOTIC INULIN TO HELP FEED THE BACTERIA IN YOUR DIGESTIVE TRACT.

SUPPORTS YOUR IMMUNE HEALTH

ESSENTIAL GREENS IS A PREMIUM SOURCE OF ANTIOXIDANTS. OUR BLEND INCLUDES THE CLINICALLY RESEARCHED SPECTRA , TOTAL ORAC BLEND WHICH CONTAINS NATURALLY SOURCED HERBS THAT PROMOTE HEALTHY DETOXIFICATION AND IMMUNE FUNCTION. THE BLEND OF FRUITS AND VEGETABLES IN ESSENTIAL GREENS ANTIOXIDANT BLEND IS GROUND INTO A FINE POWDER TO GIVE YOU A POTENT BOOST OF MICRONUTRIENTS.

ABOUT SPECTRA™

CLINICALLY-RESEARCHED

Why formulate based on mere potential?
Spectra™ delivers measurable low-dose antioxidant action!



Spectra™ is the new standard in antioxidant health, providing an understanding of how fruits, vegetables and herbs positively impact physiological functions in the human body.

Spectra™ is the first scientifically validated formula of fruits, vegetables, and herbs shown to inhibit free radical production, optimize cellular metabolic activity, and increase nitric oxide levels within our bodies.†

ANTIOXIDANT ACTION. NOT JUST POTENTIAL.

Many fruit, vegetable and herbal concentrates and extracts have focused on antioxidant potential. Scientists have been unable to prove any correlation between high ORAC levels and measurable antioxidant action in humans ... until Spectra™.*

SUPPORTS HEALTHY BOWEL MOVEMENT

Essential Greens fibre blend works in your digestive system to help you promote and maintain regularity. Our blend also helps support healthy blood sugar levels and improves heart health by lowering cholesterol. The plant-based psyllium fiber in Essential Greens also helps curb your appetite so you feel less hungry between meals, which can promote weight loss.

SUPPLEMENT FACTS

Serving Size / Portion: 1 Scoop / Mesure (9.0 g)
Servings Per Container / Nombre De Portions: 30

Amount Per Serving %DV

GREEN CONCENTRATES:

Organic Matcha Extract	1000 mg	†
Barley Greens	1000 mg	†
Alfalfa	600 mg	†
Wheat Grass	300 mg	†
Spinach	150 mg	†
Aloe Vera	80 mg	†
Parsley	78 mg	†

LAND VEGETABLES:

Brown Rice	1000 mg	†
Beet Root	200 mg	†
Carrot	150 mg	†
Fermented Soy	100 mg	†
Celery	25 mg	†
Olive Leaf	25 mg	†

SEA VEGETABLES:

Spirulina	750 mg	†
Chlorella	250 mg	†
Dulse Seaweed	30 mg	†
Kelp	25 mg	†
Green Blue Algae	25 mg	†

PHYTONUTRIENTS:

Acerola Berry	100 mg	†
Blueberry	50 mg	†
Quercetin	30 mg	†
Green Tea Extract	30 mg	†
Grape Seed Extract	30 mg	†
Bilberry Extract	10 mg	†
Lycopene	2 mg	†
Resveratrol	2 mg	†
Lutein	2 mg	†

FIBRE BLEND:

Psyllium Husk Powder	50 mg	†
Oat Bran Powder	35 mg	†
Inulin	20 mg	†

CRUCIFEROUS VEGETABLES:

Broccoli	260 mg	†
Cauliflower	100 mg	†
Brussel Sprouts	75 mg	†
Kale	75 mg	†
Watercress	25 mg	†

HERBAL FACTORS:

Cranberry	50 mg	†
Astragalus	25 mg	†
Milk Thistle	25 mg	†
Siberian Ginseng	25 mg	†
Ginkgo Biloba	25 mg	†
Hawthorne Berry	15 mg	†
Dandelion	15 mg	†
Nettle	15 mg	†

PROBIOTICS & DIGESTIVE SUPPORT:

Fructooligosaccharides	400 mg	†
L-Plantarum (2 billion active cells)	250 mg	†
Protease	15 mg	†
Amylase	150 mg	†
Lipase	100 mg	†
Cellulase	15 mg	†
Black Pepper Extract	1 mg	†

ANTIOXIDANTS:

Spectra™ Total ORAC Blend	100 mg	†
Coffea Arabica Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Quercetin, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Maltodextrin, Acerola Extract, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Raspberry Concentrate, Spinach Concentrate, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Bilberry Extract, Brussel Sprout Concentrate.		

Other Ingredients: Citric acid, Natural flavour, Stevia extract